



LIFERING SECULAR RECOVERY MONTHLY MEETING MINUTES
SUNDAY, MARCH 12, 2023

CALL TO ORDER AND IDENTIFICATION OF PUBLIC ATTENDEES

The meeting was called to order by Sue at 9:01 am PDT. Board members present were Sue Betts, Chair: Anna Bedoll, Bobbi Campbell; Lisa Swing-Corney; Steve Gonzales, Treasurer, Lorraine Hull; Rafal Klopotoski; Mary Beth O'Connor; and Michael Toal. LifeRing members of the public present included LifeRing Operations Manager Robert Stump and LifeRing Community Member Mark Franklin.

Approval of Minutes

Michael made a motion to approve the January 2023 meeting minutes. Lorraine seconded the motion. There were no opposed and all were in favor. The February 2023 meeting minutes were not available.

Approval of Profit and Loss Statement

Mary Beth motioned to approve the February 2023 Profit and Loss Statement. The motion was seconded by Anna and all were in favor.

ONGOING BUSINESS — STATUS UPDATES

LifeRing Conflict of Interest Policy

Discussion continued from prior months with the objective to eliminate the board member requirement to disclose single shares of stock ownership. Mary Beth consulted with legal advisors to obtain a 0.01% language revision. Sue made a motion to adopt the policy as now written. Michael seconded the motion and all were in favor with no one opposed.

LifeRing Non Discrimination Policy

This policy had been reviewed previously but voting was deferred. Rafal raised concern about the inclusion of age protection at age 40. LifeRing currently serves individuals over the age of 18. There was discussion that organizations are allowed to do more with regard to non discriminatory categories but not less. It was decided to continue this discussion in Executive Session.

Anna requested that the change tracking function be included on documents with updates. The option to send both old and new documents was considered. Lisa and Anna will discuss and bring recommendations.

Authorized Signer -- Checking Account / Credit Card

On hold until board meeting minutes from February 2023 are available and approved to move forward with updating account signers.

NEW BUSINESS

2023 Annual Conference

Sue reminded the board that the Annual Meeting is scheduled for the weekend of June 3-4, 2023. The first day of the meeting is to discuss the status of LifeRing Secular Recovery and its future. The second day is for delegate voting. Individuals were encouraged to refer to the project spreadsheets that are available.

LifeRing seeks a registrar to coordinate and ensure that procedures outlined in the bylaws are followed (Bylaw 6.7.2). For Confirmation of Delegate Eligibility and to ensure that all meetings are appropriately chartered. Bobbi volunteered to fulfill this role.

The important date of April 4, 2023 was cited as the deadline to run for board membership and/or recommend changes to the bylaws.

LifeRing also seeks a coordinator for Board Action Proposals and Bylaws Changes (Bylaw 7.1). Mary Beth will take this on coordinating any requested bylaws and board procedure changes.

Strategic Plan Release Party

On March 23 at 5 pm Pacific time, there will be a formal presentation of the outward facing segment of the strategic plan. Lisa described this as the top section of the strategic plan pyramid. Sustaining donors will be invited specifically to join and engage in conversation. This demonstrates that we are being good stewards.

DEI BOD Awareness

Lisa provided a link to a document that lists all DEI resources shared since September. A language resource was cited previously however, this new one is specific to recovery. It highlights the medical vs. moral issue. Medication Assisted Recovery (MAR) instead of Medication Assisted Treatment (MAT) due to the fact the person is taking action on their recovery. A person using may use the term addict, but others should not. Stigma reduction is the goal. Rafal suggested that the resource be sent out to the convenors email list.

Bobbi announced that the original pamphlets are currently being reviewed by FMC Committee members. Mary Beth cautioned “telling” convenors what they must do. This is not a dictate. Lisa reminded everyone to use sensitivity as we seek progress, not to push anyone away.

Kathleen G. joined the meeting at approximately 9:30 am.

Comeau Family Funding

Lorraine asked Lisa to discuss the proposal to grant funds for new meetings as provided.

High Level Review of Finances

Steve announced that the 2022 federal and state taxes were filed. The board thanked Steve for this early filing.

Steve shared the highpoints from last month. Doing pretty well though expenses tracked a bit higher. A new line has been added to track One Time Projects. This will assist in understanding larger variances and the usage of the Comeau Foundation funding or other such significant donations.

Cars2Charities Participation Proposal

Kathleen G. heard about car donations on NPR. Due to Amazon Smile’s charity of choice recently ceasing she thought LifeRing may be able to benefit from car donations. She contacted Cars2Charities which is family owned and has been in business for 10 years.

An informational call was held with Lauren Doll, Cars2Charities Operations Manager, Sue, Lorraine and Kathleen. Cars2Charities keeps 30% of total sales plus any expenses incurred. They handle the communications, title verifications and all other paperwork. They would also add LifeRing Secular Recovery to their page of partners to help promote our services.

Steve will inquire with LifeRing’s tax accountant about the Form 990 and 1096 filing requirements and report findings to the board. Mary Beth will review the formal written agreement and advise whether to proceed.

Committees and Workgroups Updates

Michael commented about harm reduction and whether to allow discussion regarding moderation at all in both online and in-person meetings. He stated LifeRing UK adheres to the fundamentals, yet wondering about starting a new meeting for sober curious individuals.

Sue gave a shout out to Bobbi for setting up a new Facebook donate button. LifeRing received a remittance from February of \$225.00 (not affiliated with Network for Good).

Total donations are up \$2,566.47 year-over-year according to Sue. Experimenting with changing donation requests to stories combined with requests. This resulted in more clicks to open on Mailchimp.

Michael provided a status update on the App. He is working with Jef on IOS message notifications. The Android version is ready now but prefers to release all versions together. A meeting was held with legal counsel regarding encryption in the device and work continues with the EAR bureau to resolve. A classification number should be given regarding exporting encrypted software on Apple and Play stores. The intention is to allow blog posts where individuals may take a photo and add text. Using "I statements" to share this is how I recover. Increased engagement is making recovery accessible.

Regional Reps

Lisa said the reps are working on how to track the grants for new in-person meetings. Creating an application form and then planning a soft launch.

ADJOURNMENT OF BOARD OF DIRECTORS MEETING

Sue made a motion to adjourn the meeting at 10:15 am. The motion was seconded by Lorraine and approved by all.

EXECUTIVE SESSION

The board met to discuss:

- Officer Review
- [Nondiscrimination Policy](#)

Respectfully submitted on April 3, 2023 by
Lorraine Hull