

Minutes of the LifeRing Board of Directors Meeting held on October 10, 2021

Call to Order / Introduction of Members of the Public:

It was determined that a quorum of board members were present and the meeting was called to order by Sue Betts, Board Chair at 9:01 am PST. Other board members present were: Steve Gonzales, Treasurer, Lorraine Hull, Secretary, and Mary Beth O'Connor, George Gidora, Chris Smith, Paula Gillen and Michele Kenny.

Non-board members in attendance included: Robert Stump, Executive Director, Lisa Swing-Corney, Frontier Regions Coordinator, Melissa W., Mark F., and Sara K., all LifeRing members.

Sobriety anniversary congratulations were extended to Robert for 15 years and to Lisa for 20 years!

Minutes and P&L Reports:

The Consent Agenda from the September board meeting was proposed for review and approval. Paula made a motion to approve, Steve seconded it and all approved.

Old Business:

Nomination of Replacement Board Member

Lisa Swing-Corney, currently serving as Frontier Regions Coordinator, was nominated to fill the open board seat until the end of this LifeRing year (June 2022 elections at the Annual Meeting) Michele made a motion to approve, Mary Beth seconded the motion and all approved. Welcome Lisa!

ARG Participation - Pals 2 Study Schedule

Our contact at ARG indicated that the process will officially start next week. The link is alive so the campaign is beginning. The board and all convenors will need to engage individuals to participate. A minimum of 200 individuals is expected. (LifeRing numbers look good with 9-10 people per day.) No one from the Pals 1 study may participate. The study will again include WFS and SMART Recovery.

LegitScript Update (Google Ads)

This was resolved and the fee has been refunded. High volume process as 60 plus emails were received on that topic.

New Business:

Authorized Signer for Checking Account

Requirement to remove Dan as he is no longer a board member. Will keep Mary Beth on as a signer because she is local. Lorraine made a motion to nominate Steve, the Treasurer, as a signer. Seconded by Sue and the motion passed. A resolution will be sent to the bank.

Plan to Update Dated Policies

All dated LifeRing policies should be reviewed. Approved a plan to begin review of and update those most out of date. The Executive Committee will take the first pass and then submit to the full board for approval.

Feedback Form – Complaint Protocol

Review of the steps. Language will be added to address the event of a complaint being made against the board chair or any member of the executive committee or board member. Plans to finalize next month.

CCAR Multiple Pathways of Recovery Conference

This conference is held January 12-14, 2022 in Florida. The cost is \$325 per person. I will reach out to Njon S. and Tom S. regarding their interest and then the board will revisit next month. George mentioned that there is a one-day option to participate. Michele would like to attend.

MCC review of “under the influence” Language

This discussion was tabled for the November meeting due to other priorities. Mary Beth will share sample language from She Recovers.

Mobilize Recovery Conference Overview

Michele participated in this virtual event and shared a summary of it. The focus was equitable access to care for multiple pathways. An attempt to meet the specific needs of all individuals. Co-occurring disorders and harm reduction were popular topics. Bipolar disorder, anxiety and depression occurring along with SUD. The second generation of the opioid crisis is here. That is when doctors quit prescribing meds to their patients. Statistics include affecting 93,000 people which is up 30 percent from 2019.

The discussions almost exclusively referred to the 12 step method of treatment. Michele said she reached out to the conference leader to ensure that LifeRing Secular Recovery is represented next year.

Committees Quarterly

All reports were updated.

Mary Beth posed a question for the Executive Committee about Robert leaving as the paid Office Manager next year at the time of the annual meeting. Robert said he will stay on through the end of calendar year 2022 for guidance and assistance.

Starting the Outreach Committee next Tuesday and it will meet every other week. The board agreed to align Professional Outreach (Mary Beth's work with WFS and She Recovers, various podcasts) here. Michele will facilitate the group. There are three current committee members, seeking more.

Adjournment of Board Meeting

Sue asked if there were any other topics prior to adjournment. Steve said he will begin sharing a high level summary of income and expenses with a forecast to the end of the year. Currently operating on deficit spending so the future depends on the year-end fundraiser.

With no further business to discuss, the meeting adjourned. Mary Beth made a motion to adjourn and Sue seconded it. All approved at 9:58 am.

Submitted by Lorraine Hull
LifeRing Board Secretary
November 10, 2021